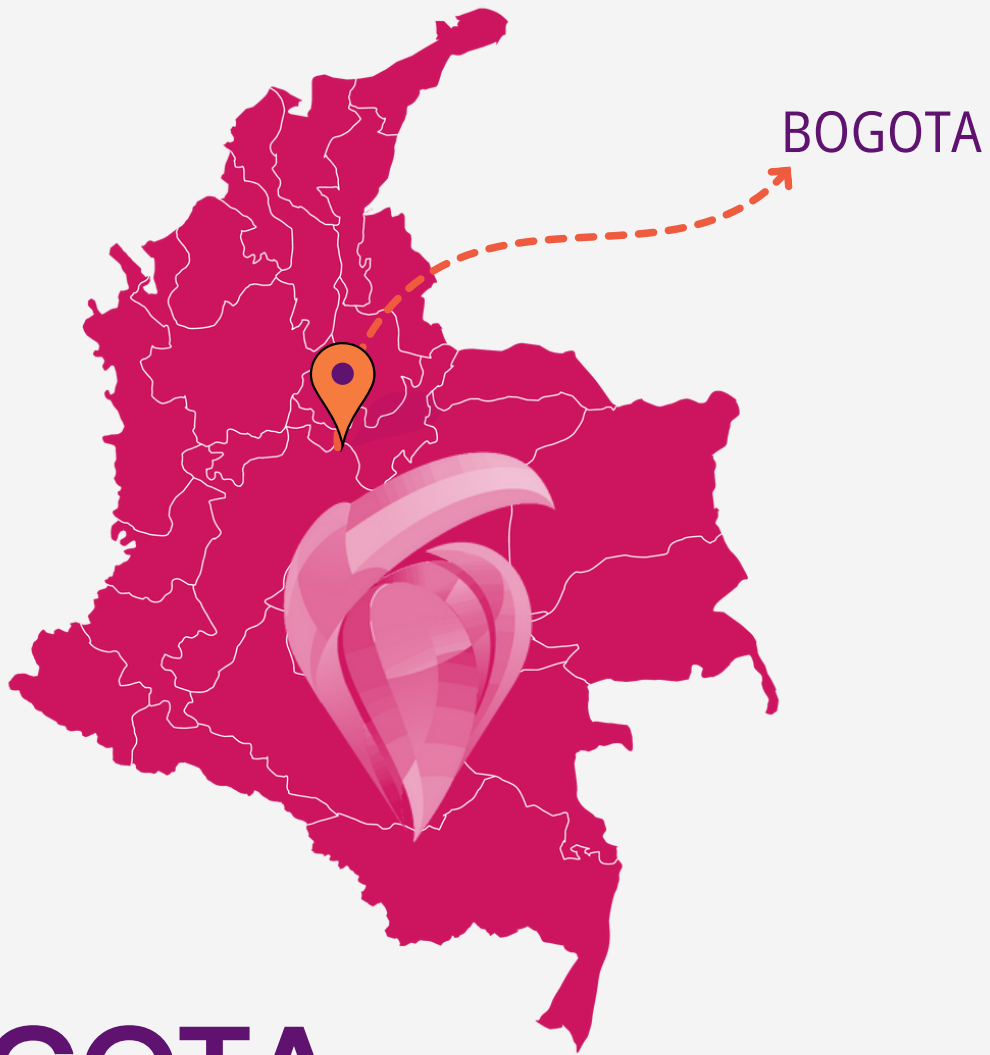


Colombia
**DREAM CENTER
BOGOTA**

**COMMUNITY
SOCIAL PROJECT**

**INTERCULTURAL
EXPERIENCES
CREATING A
BRIGHTER FUTURE**



IN BOGOTA...

Our student volunteer program is all about building a sustainable community by supporting those who need it most



Bogota
Colombia



Minimum
2 Weeks



Basic/Medium
Spanish Needed



1° Time
Volunteer



minimun 18
years old

GENERAL PROJECT INFORMATION

Our student volunteer program is all about building a sustainable community by supporting those who need it most—kids at risk, teenagers, vulnerable women, and men who are trying to turn their lives around after time in prison. We focus on key areas like nutrition, academic help, sports, arts, entrepreneurship, emotional and spiritual healing, and life skills training.

Currently, the foundation is a safe place for 70 at-risk kids from the Egypt neighborhood, ages 5 to 15. Every day, they come here for breakfast and lunch, help with schoolwork, and to join in activities like football, arts, music, and workshops on values.

Our Weaving Hearts program is also making a difference by supporting 20 women who are learning skills like weaving and sewing. This helps them earn money and support their families.

At the same time, our Carving Lives workshop is helping young offenders and former gang members start fresh. They learn wood carving, cabinetmaking, and carpentry, giving them the tools to build new lives for themselves and their families, and helping reduce the chance of returning to crime. Lastly, our organic garden project gets the whole community involved in urban farming. It's a hands-on way to fight hunger and work towards food independence.

Through all these programs, we're working together to create a community where everyone can grow and succeed.



WHAT IS INCLUDED



PRE-DEPARTURE ONLINE ORIENTATION

DONATION TO THE PROJECT

ONSITE ORIENTATION MEETING

DEDICATED LOCAL SUPPORT FROM A
VOLUNTEER COORDINATOR

ACCOMMODATION IN DORMS

MEALS PROVIDED (BREAKFAST, LUNCH, AND
DINNER)

BREAKFAST AT THE HOSTEL AND LUNCH AT THE
PROJECT

TRANSFER FROM BOGOTÁ AIRPORT TO THE
HOSTEL

ONE SURPRISE ACTIVITY PER WEEK

WHAT TO CONSIDER

- **Arrival Airport:** Bogotá (BOG)
- **Location:** Bogotá
- **Projects Start: Mondays;** passengers need to arrive in Bogotá the night before and end on Saturday
- **Availability:** Year-round, except during school holidays in June and December
- **Longer Stays:** Possible
- **Wi-Fi:** Basic Wi-Fi is available
- **Physical Demands:** Work can be psychologically demanding
- **Spanish Level:** Basic Spanish is required
- **Maximum Volunteers:** 5 volunteers per project
- **Facilities:** ATMs and a health center are located in the same neighborhood as the project and hostel
- **Weekly Budget:** We recommend budgeting \$85 per week for meals and tours



WHAT IS NOT INCLUDED

- MEALS THAT ARE NOT MENTIONED
- MEDICAL INSURANCE (MANDATORY TO CONFIRM THE RESERVATION)
- TRANSPORT NOT PROVIDED UNLESS MENTIONED
- PERSONAL EXPENSES

VOLUNTEER ACTIVITIES



Your involvement creates a safe, supportive environment where kids can learn, grow, and thrive!!

Here's a taste of what you'll be diving into

:

- **Get Your Hands Dirty:** Help grow our organic garden and bring the dream forest to life!
- **Build It Up:** Roll up your sleeves for construction projects that improve local housing infrastructure.
- **Be the Voice:** Serve as a translator or assistant for tourists, helping them connect with the heart of the project.
- **Game On!** Play games or practice sports with the kids—bring your A-game and some serious fun.
- **Unleash Your Inner Teacher:** Share your skills by teaching English, music, art, drama, or whatever else you're passionate about.
- **Homework Hero:** Help kids tackle their homework and watch their confidence soar.
- **Teach the Teachers:** Support local educators by sharing innovative teaching methods from your home country.



A TYPICAL DAY AS A VOLUNTEER

On the first Monday morning, your Project Coordinator will meet you at your accommodation for the 15-minute walk to the project. This is an opportunity for you to learn the route independently, although your coordinator will gladly accompany you again if needed.

Upon arrival at the project, an orientation meeting will introduce you to the local culture, community dynamics, neighborhoods, and upcoming activities. You'll discuss how your talents and passions can contribute to the project, aiming for a meaningful impact both for the community and your personal growth.

Your workday begins after orientation, please take into consideration that not all the days will be the same, so your activities will be defined depending on the daily needs, we count on your flexibility to help with the project.

Lunch is provided at the project, fostering community interaction. Afternoon work continues until around 4pm. Evenings are free for city exploration, with a weekly local activity organized for you.

The schedule from Monday to Friday remains consistent, allowing you to contribute effectively. Weekends and national holidays are your time to explore or relax, with support available for organizing local outings or excursions.



WHAT TO DO IN YOUR FREE TIME



Bogota offers an array of attractions and activities to explore. Renowned for its diverse culinary scene, the city boasts a vibrant array of restaurants and street food options. Its neighborhoods are vibrant and eclectic, perfect for leisurely exploration. Museums and cultural activities abound, offering insights into Colombia's rich heritage.

For outdoor enthusiasts, Bogota is a gateway to natural wonders. Close by, you'll discover cascading waterfalls, emerald mines, lush tropical forests, and majestic Andean peaks waiting to be climbed. The city's bike-friendly infrastructure and car-free Sundays add to its allure, inviting exploration and adventure for all types of travelers.

THE ACCOMMO DATION



The hostel offers a range of amenities to make your stay comfortable and convenient. You'll have bunk beds with individual storage, so your belongings are safe and secure. Bed linen and towels are provided, so you don't need to bring your own.

Wi-Fi is available, keeping you connected during your downtime. Breakfast is included to give you

a great start to each day. Plus, there's an equipped kitchen where you can cook your own meals, adding a homey touch to your stay. The communal areas are perfect for socializing with fellow volunteers, making your time in Bogota enjoyable and rewarding.

ABOUT BOGOTA

Bogotá is a vibrant city bursting with experiences!



You can indulge in its culinary delights, from street food to upscale dining, explore its diverse neighborhoods, and dive into its rich cultural scene with a plethora of museums and activities. Whether you're wandering through the historic La Candelaria district, checking out the colorful street art, or enjoying local crafts, Bogotá has something for everyone.

Adventure isn't far away either. Just outside the city, you'll find cascading waterfalls, lush forests, and Andean peaks waiting to be explored. The city is bike-friendly with dedicated lanes and car-free Sundays, making it easy and fun to get around.

The weather in Bogotá is pleasantly mild with an average temperature of around 13°C. You'll enjoy a warm and temperate climate, though keep in mind that winter months (December to March) bring more rainfall compared to the drier summer period (June to September). This makes Bogotá a great city to explore year-round!

WHAT TO BRING

- A small backpack to carry around your personal belongings
- Comfortable clothing like shirts and T-shirts
- Comfortable shoes such as tennis shoes (flip-flops or sandals are not recommended)
- A rain jacket for unexpected showers
- Sunscreen to protect your skin
- A cap or hat for sun protection
- A fleece or jumper for cooler evenings
- Long trousers (it might not feel cold in Bogotá, but it's better to avoid shorts in this city)
- Power converter for 110v sockets
- Travel documents (passport, copy of medical insurance, personal medication information)

Please remember to bring enough of your own medications for the entire duration of your stay in Cartagena and La Boquilla. While pharmacies are available, having your personal prescriptions with you is essential.





VOLUNTEERING

Volunteering is an exciting journey to personal growth and self-discovery. When you dive into mindfulness volunteering, it's not just about helping others—it's about exploring, learning, and really understanding yourself and the world. It's all about staying open-minded, living in the moment, and being tuned in to what's happening around you.

Mindfulness practices aren't just for yoga class—they're about developing a mindset that boosts both your personal and professional life. They help you accept things you can't control and build up your own trust. Plus, they teach you to be generous and thankful for every bit of life's goodness.

Remember, changing the world starts with changing yourself. So jump in and see where this journey takes you!

You cannot change the world if you don't change yourself



Colombia
**DREAM CENTER
BOGOTA**

CONTACT US

experience@encounterlatinamerica.com