

AWAKENING EXPEDITION

Argentina

REWILDING THE
FOREST



ENCOUNTER
My Way

AWAKENING EXPEDITION- ARGENTINA

This transformative journey blends cultural immersion, environmental impact, and community engagement. Starting in Buenos Aires, you'll explore its history, vibrant neighborhoods, and traditions through interactive experiences like tango lessons and cultural workshops.

In Misiones, witness the breathtaking Iguazú Falls and connect with the Guaraní Indigenous community, learning about their sustainable way of life. Then, .

head to San Sebastián de la Selva, a private reserve dedicated to rewilding and conservation, where you'll take part in wildlife monitoring, reforestation, and education programs. The journey continues in Córdoba, where you'll collaborate with a rural school and local community on sustainability projects, culminating in a joyous carnival celebration.

More than an adventure, this expedition is a chance to reconnect with nature, give back, and experience Argentina in a way that leaves a lasting impact. Are you ready?



Brazil



15 days/
14 nights



No
Spanish Needed

15

Max group
size

THE ITINERARY



DAY 1

ARRIVE IN BUENOS AIRES



Today you will arrive in Buenos Aires the capital of Argentina. Your tour leader will pick you up from the airport by private transfer and bring you to your accommodation in the city center. Tonight, you will have a welcome session where you will put some group and individual intentions for this Awakening Travel program you will experience in Argentina

Included: Intention ceremony, transportation Ezeiza airport in Buenos Aires- accommodation, overnight in 3 stars hotel (double/triple rooms), tour leader.



DAY 2

BUENOS AIRES



After breakfast you will start the day with an interactive walk through the history of Argentina. From the historic Plaza de Mayo to the iconic Obelisk, explore iconic landmarks while delving into the city's rich history and culture. Wander through the elegant Recoleta neighborhood, discovering its architectural gems and visiting the renowned Recoleta Cemetery.

Conclude the morning with a mindful welcome session in the serene Bosques de Palermo, the city's green oasis. Your tour leader will organize a capacitation including the basics of Argentina its culture and its language. Afterwards you will be able to greet in a formal and informal way, to order some of the most delicious (must try!) food of Argentina and to ask for directions in the street.

After Lunch, pedal through the sprawling Bosques de Palermo, a haven of greenery boasting the iconic Rose Garden and the Japanese Garden. Immerse yourself in nature, surrounded by vibrant flora and tranquil ponds. Continue your journey to the University of Buenos Aires, a historic landmark brimming with architectural splendor and youthful energy. Explore the bustling campus grounds, soaking up the academic atmosphere.

Included: Breakfast, walking tour with local guide, cultural landing session, bike tour and overnight in 3 stars hotel, tour leader.

DAY 3

BUENOS AIRES



Today you will zoom in and zoom out, it's impossible to see everything in the country's capital. However, we will provide you with different perspectives.

A private bus will take us to the vibrant colors and passionate spirit of La Boca, Buenos Aires' iconic neighborhood. Stroll along the world-famous Caminito, marvel at the colorful houses, and learn about the area's rich history of immigration. Experience the birthplace of tango with live performances and dance lessons, and feel the energy of Boca Juniors at La Bombonera stadium. Discover the neighborhood's artistic soul through its street art and learn the unique fileteado craft.



During lunch time you will savor delicious local cuisine and soak up the authentic atmosphere of this unforgettable destination.

The afternoon will be dedicated to immersing yourself in the porteño culture. You'll learn to dance the tango, one of Argentina's most iconic dances, and then enjoy a live show that will transport you to the heart of Buenos Aires.

Hopefully you haven't spent all your energy yet, because in the evening you will have a Tango class. Argentina's local dance and part of the culture.

Included: Breakfast, city tour and transportation, fileteado workshop, tango lesson, overnight in 3 stars hotel, tour leader.

DAY 4



IGUAZU

You will continue your way today to Iguazu Falls in Misiones, Argentina.

After breakfast, a private transfer will take you to the airport. You will take a plane to Puerto Iguazu. A private transfer will be waiting for you to take you to the hotel. Once we arrive, we'll gather for a mindful session to deepen our appreciation for this natural wonder and the impactful work we'll be undertaking.



Included: Breakfast, transfer to Buenos Aires airport, Transfer from Puerto Iguazu to the Hotel Arami or similar, mindfulness session, tour leader.

DAY 5



IGUAZU



After breakfast, departure from the hotel in the morning for the Argentine Falls Excursion. Upon arrival at the park, you can access the Ecological Jungle Train, a train circuit through the jungle along the river. This train allows visitors to move within the park and reach access points to walkways and attractions. Throughout the day, these circuits are accompanied by a local guide:

Upper Circuit Visit: Access to the magnificent view of the falls and the Iguazú River delta, formed by a set of lush islands. Duration: 1 hour and 15 minutes.

Lower Circuit: A set of strategically designed walkways that provide diverse views of the falls and an intimate encounter with the waterfalls and charming corners of the jungle. Duration: 2 hours.

Difficulty: with stairs. Here, an optional boat ride to get closer to the falls is offered, as well as a final boat ride, ending the tour with a jungle safari.

Devil's Throat: Indescribable in its beauty and energy, it offers an impressive blend of sounds and landscapes. Duration: 1 hour and 30 minutes.

Included: Breakfast, transport in/out and entrance to the Iguazu National Park, bilingual local guide, overnight in Arami hotel, tour leader

DAY 6

INDIGENOUS COMMUNITY



After breakfast you will pack and leave only footprints to continue your trip in a private transfer to experience a unique and authentic encounter with an indigenous community in the heart of the rainforest. Your day begins with a warm welcome from the Guarani people, who will share their customs and traditions with you. Learn about their deep connection to the land and their sustainable way of life. You'll discover the medicinal properties of various plants and the importance of preserving biodiversity.



Observe traditional hunting and gathering techniques, gaining a deeper appreciation for their harmonious relationship with nature. Participate in a hands-on workshop and create your own souvenir to cherish. Savor a delicious traditional Guarani lunch, prepared with local ingredients and cooked over an open fire. Share stories and laughter with your hosts as you learn about their history and culture. Before departing, witness a captivating cultural performance showcasing traditional dances, music, and storytelling. Feel the rhythm of the drums and the energy of the community as you immerse yourself in their rich heritage.

Travel 3 hours by transfer to the Project at the reserve San Sebastian de la Selva. Dinner and early to bed.

Included: Breakfast, transfer to visit a Native Community, lunch, local guide, transportation to the Rewilding Project in San Sebastian de la Sierra. Dinner and overnight sleeping in San Sebastian de la Selva (shared rooms), tour leader.

DAY 7 to DAY

9

SAN SEBASTIAN DE LA SELVA



The Atlantic Forest is the most biodiverse ecosystem in our country, but also one of the most threatened and degraded in the world. It is estimated that currently only 7% of its original coverage remains. Since its creation in 2009, the San Sebastián de la Selva Nature Reserve has protected almost 100 hectares of this environment, working on the ecological restoration of what used to be the old cattle plots of the original farm, a practice that caused the complete deforestation of 30% of its total area.

Today, with more than 10 years of work in the regeneration and conservation of the Atlantic Forest, it has become a reference, combined with other programs aimed at research, environmental education and ecotourism.

During our days in San Sebastian de la Selva we will work on the regeneration and rewilding activities at the forest. Some of the activities will include:

- Placement and monitoring of camera traps
- Daily outings to the jungle with the monitoring team
- Collaboration in the Rewilding Program for Pacas and Agoutis
- Environmental education with rural schools
- Tasks related to the Native Plant Nursery:
 - Reforestation and control of exotic species
 - Seed collection

Included: Full board, environmental educational sessions guided by experts, volunteer activities, trekking, overnight at (shared rooms), tour leader.



DAY 10



After breakfast you have some time to walk around and explore the site. Afterwards you will have a private transfer to the airport of Puerto Iguazu for your flight to Cordoba. Upon arrival you will have a private transfer again from the airport to the Natural reserve where you will stay for the last 5 days.

Included: Breakfast, transportation from/to airport, overnight in the natural reserve accommodation in Cordoba (private/double room), tour leader.

DAY 11

to DAY

14

CORDOBA



We'll immerse ourselves in a natural reserve, joining a rural school activities in their daily routines such as playing sports, collaborative games, dance contests, and fun activities

Afternoons are dedicated to environmental conservation projects guided by park rangers we will clean the river, collect seeds, plant native trees, fix fences from the trail, prepare signs to protect the reserve, etc.

With the elderly people from the community we organize yoga classes, sport games and typical dances, like folklore or Tango. During summer we can join their swimming lessons at the pool.

One day we will also visit a farm and enjoy a horse-riding excursion.

Last day we organize a carnival party where we all paint our bodies, dance and play typical instruments.

Included: Breakfast, lunch, dinner, transportation to all activities in the community, Mindfulness sessions, English speaking volunteer coordinator, overnight in accommodation (private or double rooms), tour leader.



DAY 15

Today you will be picked up and brought to the airport of Cordoba for your international flight.

Included: Included: Breakfast, transportation to the airport, tour leader.

Awakening travel expeditions are more than just sightseeing, it's an opportunity to connect with the world around us and cultivate a deeper sense of purpose and well-being. We have researched the region, its challenges, and the way in which responsible mindful travel can contribute effectively. All of the activities have been carefully selected and they represent the values we believe in.

The experiences aim to spiritually awaken our participants by cultivating the following core values

- **Meaningful connections.** Allow you to connect with locals on a deeper level, fostering meaningful relationships and gaining a deeper understanding of different cultures.
- **Personal growth.** By stepping out of your comfort zone and immersing yourself in a new environment, you have the opportunity to learn and grow as an individual.
- **Cultural understanding.** Awakening travel expeditions encourages you to respect and appreciate the customs, traditions, and values of the communities you visit, fostering cultural understanding and empathy.
- **Positive impact.** We have lived and breathed Latin America over the past 2 decades and all of our projects have been carefully selected because they carry out what we believe in. We have researched the region, its challenges, and the ways in which volunteers can contribute effectively. With us, you'll volunteer where your help is needed the most whilst living a life-changing experience at the same time.
- **Self- reflection.** Throughout the journey, we incorporate mindfulness sessions during special moments to help participants fully appreciate their unique experience. We encourage them to approach everything with an open mind, free from preconceptions, and to embrace differences with a spirit of acceptance and active engagement





- **Empowering local communities.** One of the most impactful ways to give back it's to support local businesses and social enterprises that empower individuals and create jobs. . We work closely with local people to develop activities that align with their goals and contribute to their ongoing progress
- **Fun.** Of course we included moments that are designed to create enjoyment, excitement, and memorable experiences. Incorporating fun into an itinerary is one of our key values.

All itineraries have fixed elements in the programs which make the Awakening travel expedition transformative journeys that will wake you up from life. Hereby some of the examples:

- Welcome dinner with an **intention ceremony**, both on a group and individual basis to set a goal for your expedition.
- **Cultural landing**, which will prepare you with the basics of the country's history and customs.
- **Experiences with local heroes.** In our destinations you will be in contact with unique persons. **Our local heroes are game changes**, people that are passionate about something and can share their journey and knowledge with our guests through a talk or activity together.
- **Participation in a triple impact local project** , a gathering of people that comes voluntarily together to achieve a shared goal that will benefit the community.
- Time off to process. For everybody there will be **time to reflect** after an activity in their own way.
- Good guidance. We believe that **the role of the guide/ tour leader is crucial** in these types of programs. Our tour leaders are expertly trained to guide you through transformative experiences. With their deep knowledge of the region, they create a supportive atmosphere that fosters personal growth and meaningful connections with the destination
- New destinations, we want to avoid the crowds and **offer a more peaceful and authentic travel experience**

WHAT IS INCLUDED



Rewilding The Forest

Argentina

CONTACT US

info@encountermyway.com