



AWAKENING EXPEDITION-BOLIVIA

This journey through Bolivia offers a unique experience that combines cultural immersion, contact with nature, and volunteering. It begins with an arrival in La Paz, to explore the city, including its iconic Witch's Market and an exciting cable car experience. The journey continues to the stunning Salar de Uyuni, one of the most surreal landscapes in the world, with visits to Incahuasi Island and Eduardo Avaroa National Park, where the colorful lagoons and unique rock formations stand out. The itinerary also includes a stop in Sucre, Bolivia's historic city of liberty, before concluding with a volunteering experience at Parque Abue Ari. This trip offers the perfect blend of adventure, culture, and solidarity, leaving a lasting impression on all who partake.









Bolivia

14 days/13 nights

No Spanish Needed Max group size

THE ITINERARY



ARRIVAL TO LA PAZ



TToday you will arrive in La Paz, the executive capital of Bolivia, as it serves as the political and administrative center, where key government institutions are located. At an altitude of about 3,650 meters (11,975 feet), it holds the title of the highest capital city in the world. Its dramatic geography gives the city a distinctive charm, with steep streets, colorful markets, and a fascinating blend of modernity and tradition.

Your tour leader will pick you up from the airport with a private transfer and drive you to your hotel.



Included: welcome dinner, intention ceremony, transportation airport El Alto- La Paz, overnight in hotel, tour leader.

DAY 2

CITY EXPERIENCE AT LA PAZ



La Paz, Bolivia, is a vibrant and unique city, its dramatic geography gives the city a distinctive charm, with steep streets, colorful markets, and a fascinating blend of modernity and tradition.

La Paz is a melting pot of cultures, where indigenous traditions coexist with urban influences.

Today you will explore the city from a different point of view, through the eyes of a local shoe shiner with VAMOS JUNTOS, which works in La Paz, Bolivia, with shoe



Y shiner with VAMOS JUNTOS, which works in La Paz, Bolivia, with shoe shiners and their families, focusing on street social work, education, and health initiatives. Their main goal is to support the people they work with in taking steps to break free from social isolation and fight against the discrimination they face.

CITY EXPERIENCE AT LA PAZ



Explore the lively Mercado de las Brujas (Witches' Market), where vendors sell everything from herbal remedies to mystical charms, The city is also a hub history, with colonial-era architecture, museums, and landmarks such as the Plaza Murillo and the San Sebastián Church. Its energy is palpable, filled with bustling street life, vibrant festivals, and a rich cultural heritage. Despite its challenges—such as the altitude and its steep hills—La Paz remains a captivating destination, offering both adventure and cultural discovery.

Afterwards you will take a ride on the city's impressive cable car system, offering stunning panoramic views of the city and its surrounding mountains.



Included: breakfast, guided city experience, cable car, overnight in hotel, tour leader.



HACIA UYUNI





On this day, you will depart from La Paz, flying to Uyuni, a journey that offers a spectacular view of Bolivia's high-altitude landscapes. breakfast and check-out from your accommodation, you'll transferred to the airport for your domestic flight. The flight is short but offers breathtaking aerial views of the Andes and the vast highland plateau. Upon arrival in Uyuni, you transferred will be to vour accommodation, where you can begin your adventure exploring the town and its surroundings. The rest of the day is yours to relax and prepare for the exciting days ahead in one of the most unique landscapes on earth.

Included: breakfast, transfer hotel to airport at La Paz, transfer Uyuni aiport to hotel, overnight in hotel, tour leader

INTO THE HEART OF UYUNI



Your adventure kicks off in Uyuni, where you'll hop into a 4WD and set out to explore the world's largest salt flat. As you drive across this vast, glittering expanse, you'll visit some of the most iconic spots, including the eerie Train Cemetery, where rusting locomotives stand as a reminder of the area's rich history. Then, it's off to the Uyuni Salt Flats themselves, where the ground seems to blend seamlessly with the sky, creating a surreal mirror effect during certain times of the year. You'll also visit La Isla del Pescado, an island in the middle of the flats known for its giant cacti and incredible panoramic views. After a day of exploration, you'll settle into a cozy private room for the night, with full-board service ensuring you're well-fed and ready for the next day's adventures.



Included: breakfast, 4x4 shared transportation, lunch, dinner, overnight in hotel, tour leader.

DAY 5

DISCOVERING NATURAL MARVELS





Wake up to another day of exploration as your 4WD takes you deeper into the stunning landscapes surrounding Uyuni. Today, you'll visit the beautiful Eduardo Avaroa National Park, home to an array of unique natural wonders. Marvel at the striking red waters of the Laguna Colorada, where flamingos add a splash of pink to the already vibrant scene. The park is also home otherworldly landscapes like the Sol de Mañana geysers, where boiling mud pots and steam vents create a truly surreal atmosphere. As the day winds down, you'll relax in your private room, reflecting on the incredible sights you've seen while enjoying another delicious meal.

Included: breakfast, 4x4 shared transportation, lunch, dinner, overnight in hotel, tour leader.

RETURN TO UYUNI



On your final day, the adventure continues as vou visit more incredible sights on your way back to Uyuni. The journey will take you past the dazzling Laguna Verde, a striking green lake set against the backdrop of the Licancabur Volcano. You'll also have the chance to soak in natural hot springs, a perfect way to unwind after days of adventure. As you make your way back to Uyuni, you'll have time to take in the last of the stunning scenery, ensuring that memories of this unforgettable journey stay with you long after you've left the salt flats behind.



Included: breakfast, 4x4 shared transportation, lunch, overnight in hotel, tour leader.

DAY 7

UYUNI-SUCRE





The bus ride from Uyuni to Sucre takes approximately 6 hours, travelers a chance to experience Bolivia's stunning highland landscapes. The journey starts from the salt flats region, passing through vast deserts and rugged terrain. As you travel, you'll witness the dramatic shift in scenery from the arid Altiplano to the greener, more fertile areas around Sucre. The road is surrounded by rolling hills, small villages, and expansive providing a beautiful contrast to Uyuni's stark salt flats.

Sucre is often referred to as Bolivia's "White City" due to its well-preserved colonial architecture and charming whitewashed buildings. It is a city rich in history, being the constitutional capital of Bolivia and the birthplace of the country's independence. Sucre is known for its relaxed atmosphere, beautiful plazas, and stunning churches, including the impressive Basilica of San Francisco and the Metropolitan Cathedral. The city is also home to the Sucre National Park and a number of museums, including the Museum of the Bolivian Independence. With its mild climate, cobbled streets, and vibrant cultural life, Sucre offers visitors a blend of historical exploration and a peaceful, welcoming environment. It is a UNESCO World Heritage Site, celebrated for its colonial-era charm and as a symbol of Bolivia's cultural heritage.

Included: breakfast, Private transportation, overnight in hotel, tour leader.

SUCRE/ PARQUE AMBUE ARI

Today, you will take a flight from Sucre to Cochabamba, then on to Trinidad, your final destination in Bolivia. From there, you'll journey to the Ambue Ari Sanctuary, part of the Inti Wara Yassi Community (CIWY). CIWY is a Bolivian non-governmental organization dedicated to wildlife conservation, specializing in the rescue, rehabilitation, and care of animals harmed by illegal trafficking and other threats.



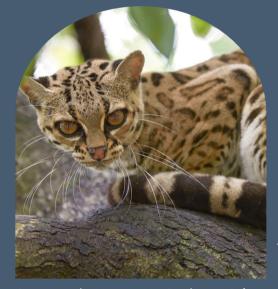
CIWY actively works to combat the illegal wildlife trade and environmental destruction. In partnership with Bolivian authorities, they help enforce the law, rescue animals from poachers and illegal traders, and intervene in cases where zoo conditions fail to meet legal standards. Additionally, CIWY rehabilitates wild animals that have been injured by fires or other disasters, providing them with a safe environment to heal and thrive.

Included: breakfast, Private transfer from hotel to airport in Sucre, private transfer from Trinidad airport to Ambue Ari, dinner, overnight in shared facilities at sanctuary, tour leader.



DAY 9 to DAY 12





Ambue Ari is located just north of Ascensión de Guarayos, between Santa Cruz de la Sierra and Trinidad. It is the second sanctuary established by CIWY, with the land generously donated by Quest Overseas and FIWY. This center specializes in the care and rehabilitation of felines, including jaguars, pumas, ocelots, and other wild animals.

As a volunteer at Ambue Ari, you will contribute to various important projects such as reforestation, environmental education, and the collection of native seeds from the forest for cultivation and future planting efforts. Your involvement will help support the sanctuary's conservation goals and the well-being of the animals under its care.



Included: breakfast, lunch, dinner, overnight in shared facilities at sanctuary, tour leader.

Parque Ambue Ari - La Paz



On your departure day from Ambue Ari, you will travel from the sanctuary to the nearest airport for your local flight to La Paz. After saying your farewells to the team and the animals, you'll transferred to the airport, where you'll catch your flight. The journey offers a scenic view of Bolivia's countryside as you make your way to the capital. Upon arrival in La Paz, you'll be transferred to your accommodation, concluding your sanctuary time the and the end of this marking meaningful experience.



Included: breakfast, private transfer Ambue Ari to Trinidad, farewell dinner, overnight in hotel, tour leader.

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DAY 14

DEPARTURE





This morning it is time to say goodbye. You will have a transfer to the airport El Alto for your flight back home.

Included: Breakfast, transportation to the airport.

Awakening travel expeditions are more than just sightseeing, it's an opportunity to connect with the world around us and cultivate a deeper sense of purpose and well-being. We have researched the region, its challenges, and the way in which responsible mindful travel can contribute effectively. All of the activities have been carefully selected and they represent the values we believe in.

The experiences aim to spiritually awaken our participants by cultivating the following core values

- Meaningful connections. Allow you to connect with locals on a deeper level, fostering meaningful relationships and gaining a deeper understanding of different cultures.
- Personal growth. By stepping out of your comfort zone and immersing yourself in a new environment, you have the opportunity to learn and grow as an individual.
- Cultural understanding. Awakening travel expeditions encourages you to respect and appreciate the customs, traditions, and values of the communities you visit, fostering cultural understanding and empathy.
- Positive impact. We have lived and breathed Latin America over the past 2 decades and all of our projects have been carefully selected because they carry out what we believe in. We have researched the region, its challenges, and the ways in which volunteers can contribute effectively. With us, you'll volunteer where your help is needed the most whilst living a lifechanging experience at the same time.
- Self- reflection. Throughout the journey, we incorporate mindfulness sessions during special moments to help participants fully appreciate their unique experience. We encourage them to approach everything with an open mind, free from preconceptions, and to embrace differences with a spirit of acceptance and active engagement





- Empowering local communities. One of the most impactful ways to give back it's to support local businesses and social enterprises that empower individuals and create jobs. We work closely with local people to develop activities that align with their goals and contribute to their ongoing progress
- **Fun.** Of course we included moments that are designed to create enjoyment, excitement, and memorable experiences. Incorporating fun into an itinerary is one of our key values.

All itineraries have fixed elements in the programs which make the Awakening travel expedition transformative journeys that will wake you up from life. Hereby some of the examples:

- Welcome dinner with an intention ceremony, both on a group and individual basis to set a goal for your expedition.
- **Cultural landing**, which will prepare you with the basics of the country's history and customs.
- Experiences with local heroes. In our destinations you will be in contact with unique persons. Our local heroes are game changes, people that are passionate about something and can share their journey and knowledge with our guests through a talk or activity together.
- Participation in a triple impact local project, a gathering of people that comes voluntarily together to achieve a shared goal that will benefit the community.
- Time off to process. For everybody there will be **time to reflect** after an activity in their own way.
- Good guidance. We believe that the role of the guide/ tour leader is crucial in these types of programs. Our tour leaders are expertly trained to guide you through transformative experiences. With their deep knowledge of the region, they create a supportive atmosphere that fosters personal growth and meaningful connections with the destination
- New destinations, we want to avoid the crowds and offer a more peaceful and authentic travel experience

WHAT IS INCLUDED





CONTACT US

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